

DESCRIPTION OF POTENTIAL SERVICES

Whitney Green Acupuncture (“WGA”) provides several potential methods of treatment, including acupuncture, cupping, moxibustion, electrical stimulation, Tui-Na (Chinese massage), Chinese herbal medicine, and nutritional counseling.

Acupuncture is a generally safe method of treatment, but that it might have some side effects, including bruising, numbness or tingling near the needling sites that may last a few days, and dizziness or fainting. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage and organ puncture, including lung puncture (pneumothorax). Infection is another possible risk, although WGA uses sterile disposable needles and maintains a clean and safe environment.

Cupping, moxibustion, and electrical stimulation have been shown to be safe and effective treatment procedures. The most common side effects of these procedures is bruising. Additionally, burns and scarring is a less common potential risk of moxibustion and cupping.

Herbs and nutritional supplements that are potentially incorporated into WGA treatments are traditionally considered safe in the practice of Chinese Medicine, although some may be toxic in large doses. Some herbs might be inappropriate during pregnancy, and it is, therefore, important to notify WGA if you are or become pregnant. Herbs might need to be prepared and the teas consumed according to the instructions provided by WGA. Please note that some of the herbs might have an unpleasant smell or taste. Some possible side effects of taking herbs include nausea, gas, stomachache, vomiting, headache, diarrhea, rashes, hives, and tingling of the tongue. Please immediately notify WGA staff of any unanticipated or unpleasant effects associated with the consumption of the herbs.

This document only describes the major risks of treatment, other side effect and risks may occur. Please ask WGA staff is you have any questions regarding the information contained in this documents or risks associated with your treatment.
